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# The tasks of social workers working with children of divorce: A Review

Hossein Zare<sup>1\*</sup>, Saeed Rajaeepur<sup>2</sup>

<sup>1.</sup> Assistant Professor, Department of *Educational Administrator*, *Esfahan Farhangian University, Iran* <sup>2.</sup>PhD. Associated professor of Educational Administration, Faculty of Education, University of Esfahan, Iran \*Corresponding Author, E-mail:hoseinzare2003@yahoo.com

# ABSTRACT

Divorce is one of the phenomena of interest to all human societies throughout history has been the trauma of divorce; the divorce has been a significant range of issues. Divorce is somewhat compensated for the physical problems but mental problems, not only individuals but communities and families will have suffered from a psychological perspective, the major mood disorders, personality disorders, post-traumatic stress disorder and anxiety disorders is important consequences of violence and divorce That will continue for years after the divorce and on the individual, social relations, economic and cultural conditions he will have great impact Or will they feel the bitter taste of events with intense fear, helplessness and horror is, patients with traumatic events such constant nightmares, memories or refresh their memories to recall as much as possible and also try to prevent we are repeating the experience.

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# 1. Introduction

In one general categorization, social problems have objective and subjective aspects. The former appears through perceptions and valuations of person in the society for confirming or declining what is a social problem and the later is a real condition that problems would be evaluated (Merton, 1997).

In Mills' view, pointing out the subject like divorce as a social problem necessitates by its change personal difficulties to general structure of society, because these personal difficulties are resulting from personality of the human and close relation with it but in the one hand, social affairs are dominant on certain condition and personal life of person and on the other hand, it is depending on conditions and society organization and quality of social structure. In fact, while person feel that social values are not considered or threaded social favor and reality make social crisis or social problems (Mills, 1976).

According to published statistics during first three months if the year 2000, nearly 1110494 cases of divorce is occurs that against first three months of the year 111495 has %13 growth. As those are only1114195 marriage cases in the first three months of the year 2000 (Statistics center of Iran).

# 2. The crisis of values

In societies that are changing from social, economic conditions to other ones, a person is occurring that are resulting from modernity and following old customs and intensifying wars among generations. In these sensitive and critical stages moral factors and social values change their place more than others. Most of invulnerable subject enter the limitation of family past accepted and modern factor and most of previous vulnerable social subjects enter to acceptable and modern field. Whatever this evolution become fast, opposition and displacement of values would be considerable. In this condition forces governing over the society get their place to fresh ones and the system of values will be distorted. The inflections of this situation can be observed in the sys of family values. Because the speed of changing culture is not as same as economy and tendency innovation, the generations who are encountering fast social evolutions can not be acceptable for task, devotion and values, this occasion makes intra-family conflict and increases disorder and finally divorce (Mosavi, 1995).

Boras Cohen believes that it is the fact that the divorce rate is raising in the modern societies. This situation originates reliable values to reduce family functions in the past. Wife and husband don't rely on obtaining needs and services and separation of marital connect are disgraceful (Cohen, 1991).

Misunderstanding when the partners are divorcing and we ask that what divorce's reasons are. They tell us that we have no common point. When we ask what their intention is of telling such reason they are not cognitive reason, they use concepts

UCT Journal of Management and Accounting Studies

like he or she does not like me, he or she prefers her or his family to me, he or she severe dependences to own family and so on. But such misunderstanding has frequency reasons like following:

A) Imposing marriage that is compulsory and just on will of each parent and there is no tendency to get married from the partners and finally it leads to failure.

**B**) lack of social maturity, some marriage are based on love and the two parties interest to marriage, but we can see collapsing the marriage, when we consider their reasons deeply, we know girl and boy have not reach to sufficient social growth to conduct common life. They like ideal life and want to deliver it as before and no they want to make it. So the beauty of life is to solve problems and firstly parent are liable to reach their children to social maturity and secondly making changing in perspectives children to start common life.

C) unseasonable expectations like pretty glamour as toxic in the family and partners involve preparing such glamour and ignore each other and un consciously worse their conflicts while they loss their life.

**D**) Emulating others is one expression that nice life changes to ruin, if the partners suffer such trouble, they don't have peace mode. So it is better to accept the life condition to reach the peace.

In other word, as occurring the crisis, basic values are based on hedonism, temporary enjoyment, individual pragmatism, utilitarianism, materialism and humans think rarely enjoyment. They consider only their expedience and summarize all things within tangible material affairs and even physical human communication will be affected by these terms. Human relations are null on mental dimension and just a temporary enjoying way. These relations are very feeble and vulnerable and as soon as making other expedient and studying time-effect in this condition, marital relations are not expectation and divorce statistics are ever increasing (Sarouhkani, 2007).

Actually rugged individualisms make shaky against individual profits. However, public life (including family relation in the society) is bringing about the individual (Saroukhani, 1998).

Udry considers reduction of religious values as one of basic reason of divorce and points out the religion can be a way to decreasing divorce. In his view, persons who have religious faith has low tendency to divorce than unbelievers. By weakening faith and lack of religious commitment of all people and changing values, divorce rate will be increasing (Urdy, 1971).

Unfortunately, these days regarding the social and economical evolutions of last century, religious faith is decreasing and persons ignore barrier of religion to raise development and misuse their experience and study statistics (Araghi, 1990).

In sociologists' theory, anomy is the conception of consensus about social subjects, collective expectation and behavior pattern of members. This mode leads to disappear and gradual absence of authority and moral regulations. The society misses its social control, as the society is transforming, most of them are involve in confusion and regulation of values of society would be low importance. In the other hand, modern values which are flush with these conditions are not well maturating in the society. Actually the society has two structures. Some of them are old and other is modern (Saroukhani, 1997).

Disintegrating norms and anomy make a situation that follow endless wishes. Because these wishes cannot release, as a result, unsatisfactory situation happen in the society that are observable in the course of negative actions like divorce, suicide etc. that are measurable.

The lack of satiating expectation is lack of balance among requests which one of spouses decide to get married with certain imagination about marital life and begins the life by expecting how he or she behaves the partner. If these expectations re not satiated, he or she regrets and becomes dissatisfied. Oz comp believes that the feeling of satisfactory determines the method of complete conformity and expectation with individual development, while dissatisfactory is a result of failure to reach expectations. In some societies, the young man has romantic perception of marriage and after marital connection in best occasion. We consider it a boring and monotone life in the worst occasions. It is a perceptual ache in all societies, young man learns that they should just expect respect or do we developing tasks (Good, 1973).

Collective conscience is one of important guarantees of achieving social purposes and values of the society. Persons can degrade norms of the society, but they have no way instead of collective conscience. In Durkheim ' theory, whatever collective conscience is stronger, general aggression is more powerful. By reducing collective conscience, negative values relating to divorce would decreasing and the society doesn't consider divorced ones as social rejected and thus divorce rate would increasing .In other words, the society that considers divorce as a natural phenomenon result in development it , conversely if divorce is ugly and hated and anti-value , it reduces its quantity and frequency of divorce in the present society and makes a kind of facility to occur it and reduces its ugliness and human thinks first problems of divorce ( Saroukhani, 1997).

Reducing income and inflation in Iran result in increasing tensions and conflicts in the side of family and unless yet there is a negative against divorce in the society. But the divorce rate is increasing. Divorce is a result of society. Others have no relation between income and expense and leads to the sheer between claims and equipments and economical problems lead to raise development. It seems that the program of structural adjustment has long effect on the family, the range is ever increasing, inflation and expansion and deepening the poverty. These results can be observed in the children (Babaiei, 2001).

# 3. The problem of dualism role

Women encounter dualism role in addition to economical problem and lack of existing the father role makes problems for children. Divorced women should be both mother and father and for men it does so well (Farjad, 1993).

#### University College of Takestan

#### 3.1. Mental and physical problems

Lack of spouse and loneliness after divorce result in that most women after separation makes mental and physical troubles and also finds their emotional needs in previous husband. Shortages of communication and entertainment are raising female problems urbanization problems in metropolis (Farjad, 1993).

However, mental problems after divorce are more than physical damages. Mental dimension of divorce is equal for men and women unless other conditions change it. Therefore, the feeling of damages among women in the divorce is referred to social and economic condition in the society. Divorced women are not basis due to lack of social autonomy and she is depending her parent. The difference of women and men in remarriage after divorce is referred to different social, economic position. In fact, divorce is an economic and social threat for woman (Oreie, 1987).

This dimension of marriage is relating to prevent delivering disabled children before genetic consultation. Guidance and conversion with advisor seems very necessary about the inherit disease in the family. In fact, this section of medical is different form medical specialties, because it contains one family more than individual to prefer for preventing problems. This situation is dominant that disable person is in the family and extent treatment. Therefore genetic advisor is one communicative subject who knows genetic problems or disorders and their emergence among families. People go to consultation in different persons. Most important causes are including:

A- when one of partners has inherent and genetic pairs and hides it form the partner, by this thoughts that mm can solve disease on problems or at least decrease it.

B- When there is one of family members or genetic or congenital disorders and people fear from congenital transfer of disease to their children.

C- The two parties decide to get married with relatives, it is necessary that they visit the genetic advisor. Medical trend or informing them need they understand terms relating to the disease and know disorders consequents and available ways to solve these consequents (Tampson, 1986).

So consultation has been performed by attending basic problems of partners are following:

Nature of genetic disorder

Pattern of disease heredity

Danger of pregnancy

Recognition disability before birth

So genetic advisor studies the recognition of possibilities of dangers and helps parent to make logic decision. Genetic advisors including:

1- Recognition of disease that made by mutation of one unit of gene

Recognition of disease that made by disorders of some genes.

Recognition of disease are resulting from chromosome disorders

Recognition of neurologic diseases and secretary endocrine glands

Recognition biochemical disorders and metabolic factors( body metabolic ) in outbreak disabilities

Recognition external and acquisitive factors for accessing disabilities (factors of pre-birth during birth, after birth)

In the fields of signs, the factors of genetic consultation are including delay on the child growth, shape size of skull, shape of ears, sense and power of movement, mental cap town, height and weight of the child, social growth and process of child play (Barker, 1996).

Divorced women get married lower than men. One of its reasons is existence of children, wage and lack of accepting men to get married with divorced women. This term is referred to emotional reasons like failure in previous marriage and disinclination for marriage and distrust of men for success of divorced women in the marital life and lack of the proper sprit to begin new life (Farjad, 1993).

In Iranian culture ,divorced women have low reliability for marriage and single man doesn't accept them. In most cases , men who lose their woman or divorce, then they seek a divorced women's hand in marriage , in this situation , divorced woman can not have free selection and the level of expectations is very low and most of unpleasant condition is compulsorily accepted , because other wises he will be alone forever (Husseini, 1998).

#### 3.2. Negative consequences of divorce

Sometimes divorced women feel the sin about collapsing family. In the view of some theorists most important sense after divorce of parent appears is the sense of sin and treachery against the children ambiguous success, moreover the fear against the future for children makes different reactions and intensifies the sense of sin. The feeling of fear: decision of finish one close relation is not simple and low importance. This feeling is accompanying with the regret and reproach. The fear of loneliness after divorce is a feeling than w show more than men. It is resulting in the concern does she or he has a partner? Fear and disappointment of that subject they can not live with a sponsor themselves and children. These fears are resulting from realistic suspensions. About financial problems, Labor market and upbringing the child and changing individual and social life (Forward, 1998).

Separation from the partner accidentally or presupposed is for children, particularly for each one of parents. In this time, emotional crisis would be occurred. Human feelings is not corresponding the intelligence and individual reactions are involuntarily and in all cases they get indigence. Ni first stage, human doesn't know if we should accept separation or not? Are we alone? Would we find proper partner in the future (Christian, 1998).

UCT Journal of Management and Accounting Studies

#### 3.3. Social isolation and disorder of social identification

The condition of partners after divorce is different deprivation, social expulsions, disorder in social occasions during the marital life in short and long term and one long period of lack of connection with external environment, congeniality, confidence and lack of independence place for parties. Divorce makes the condition that leads to lose the support of social life of divorced ones, decrease social penetration and even weakness social occasions and opportunities. Sometimes the behavior of person with divorced women lead them feel they don't have a place in the society. Divorced women are a single not a married. The society doesn't consider proper place for her and has a negative perception against her as if they are ones who follow her tendencies and request prevent form life realities. They prefer their profits than family ones (Farjad, 1993).

In fact, very negative evolution of the society against divorce expands to the negative evolution of the spouse personality who divorce (Adib, 1995).

Divorce women are not safely from scoff mocks and serious looks of friends and relatives for examples some believe that attending divorce women is not lucking marry room that marriage contract is concluded. Being interdicted in the society and being answerable women in divorce lead to limit social relations of women and respectively dominant values in the society increase the problems of divorced women more than individual ones (Farjad, 1993).

In the other hand, the spirit of Iranian society is in the way that women personality is seen within the family, thus breaking this center disorder the personality and family identification (Adib, 1995).

#### 3.4.Decreasing satisfactory against the life

Campbelland his colleagues study the effect of variables such as marriage condition and age for satisfactory in the life. One of strongest statistical correlation is satisfactory of life and marriage age, divorced person have lowest satisfactory. Campbell claims that there are three types of satisfactory : satisfactory due to happiness and appropriate income, second satisfactory due to being and who are we, third satisfactory due to relating that show social relation with respect to intensity and emotional environment. In his view, satisfactory due to being is relating to the feeling of control on life against life that is controllable. Satisfactory of relation affects on the life in two directions. In the one hand, it relates to obtaining cognitive and emotional, even financial need and on the other hand, it leads to endless wishes through controlling individual tendencies (Adib, 1999).

#### 3.5. Commission of thecrimeand delinquency

Divorce is a word that makes busy the mind of all children and teenagers. They know themselves first victims of aggressive demon. In other words, divorce shows damaged mental and physical effects that most obvious result is on children both qualitatively and quantitatively. Undoubtedly, most of young delinquents are relating to families that encounter conflicts and family battles and mental and spiritualstraggles existence of mental tensions in the family can escape form home and assist with criminals. In criminal psychology, occurring social deviation on the society escape and shaping children are recognized in divorced family (Kenya, 1994).

Statistics confirm that most of crimes and delinquent children and teenagers are originating in family problems; divorce and collapsing hot heart of family. The rate of criminals and suicide among rest children is increasing. Thus children encounter sexual misuse and have unrestraint and addiction. Performed researches about the reasons of delinquency of children show that divorced children have not mental security and existence of mother's replacement in the family leads to incompatibility and deviation and escape of children in the family (Mosavi, 1995).

#### 4. Commitment of crime and delinquency

As one of family functions is to release sexuality, the parties encounter lack of releasing sexuality due to collapse family (Good, 1973).

#### 4.1. Mental and physical problems

Divorce makes children in bad mental & physical terms in addition to mental disorders that are resulting from inappropriate condition of up bring. Divorce cause depression of young persons who enjoy lesser and anorexia and tired. Also anxiety, obsessive, aggressive and rebellion, impatience, jealous, suspicion and resistance appear among divorce children (Hussieni, 1998).

The age of child in the time of divorce is one important against the reaction. After divorce, emotional and behavioral disorders increase among children. Under 4 year old don't know what happens, but because divorce leads to lose one of parent it affects on child's dependency and its effects appear in behavior. 4-6 year old children know simple concept of divorce and after occurring it, they know fault themselves. However, 6 year child perceives the concept of divorce very well. (Barman, 1999).

Performed studies show that vulnerability of sons against divorce vulnerability of sons against divorce is more than daughters, usually 2 years lost to comprise with new environment, but son need more time new compatibility. Sometimes children show their confusion with crying, but sons show it by academic falling, aggression, as the girls show isolation and sadness. Parent show more control on their girls. Why the mothers are very close serious against the girls than father and the fathers are very sensitive against sons than mothers. On the one hand, both of them need the affection from parent. But

# University College of Takestan

parent are very kind against their girls after divorce. Thus reaction of sons is extreme and their compatibility slower than ones (Tiber, 1990).

The child has only a parent after divorce, so father makes mental problems for the girls such as pessimism against men, lack of recognition against the spirits and structure of men that may appear after marriage of these girls. Also, the feelings of weakness and lack of awareness of minds and structure of men and their damages presents in the marriage of daughter. Also the feeling of defenseless and weakness appear in the personality of girls. By lack of mother, metal, behavioral and personal damages and disorder in mental, social growth are clear. A father seeks to play the role of mother and cannot release maternal spirits of children, particularly if the child deprivation is more tangible by marriage of the father. So the children lose the father and development their shortages (Gavahi, 1994).

Divorce damages on young person are lower than children. These damages are different qualities. One of problems is considered in the relation to divorce is growth level. Studies show that reactions are relating to divorce is corresponding to the age. Coli and Campbell study s show that younger person better compatibility with divorce. But divorce's children with a lot of damages should have better action (Saroukhani, 1997).

# 4.2.Training problems

When divorce is unavoidable, most important subject is to support children. Living with one parent has special problems, for example, if the child can connect one of his parents, it means that one of parents supervise him or her and visiting another makes incompatibility between both parents and two kinds of spirit and personality, particularly if parents seek to justify their deeds and behaviors. The child is not able to have connection with these behaviors, living only with one parent results in not to find correct recognition of gender and mental and biological characteristics another one. Therefore, the son who lives with mother may be unfamiliar with manly traits and inexperienced and conversely daughters who live with her father may deprive recognizing behavioral pattern of women and principles of housekeeping and wedding principles (Walachia et al., 198).

Young daughters have other needs and think that parent's basic models of role training cannot be effective without attending them, the growth of adultery behavior is a problem in teenager, and particularly this absence is due to divorce. It's clear that if there is no a pattern, role training is a problem. In the other words, rest children of development are higher in the simulation of problems. The son's role model is father and for daughter is her mother. By absence of the father, the son loses so many regulation s of support of the children (Tiber, 1990).

Living with one parent can not make a complete and balance personality. The life doesn't obtain all children' need. Since the child has only a training pattern for his own behavior. In other words, the society doesn't have to play the role of parent and obtain all mental and moral needs (Gavahi, 1994).

#### 4.2.1. The feeling of sin and distress

Common characteristics of children after divorce is the feelings of sin that if they are main role to separate their parent, if they come short to this divorce. Other feelings show that the child behaviors are anxiety about selecting one of parents, because both of them are lovely equally and children suffer stress and fear by keeping away each one of parent thus the dream in the mind is to return father and mother together and even they try to make close relation between them that sometimes leads to divorce (Gavahi, 1994).

#### 4.2.2. Problems of future life

Observation of conflict parents and weakness marital relation has unpleasant effect on succeeding children's marriage. Most of children who live in divorce family more than sexual perversion their marriage lead to divorce and the percentage of divorce in this group is higher than others (Azad, 1998). divorce leads to those children become sad and depress and it would be danger for their future life. People don't have the tendency to get married due to denouncing divorce and negative view against divorce. Thus the probability of marriage with the divorce family is lower.

# 4.2.3. Making half- families

From divorce's effects is making half- families. They include children and unreal siblings that have different families, it's possible to expect different behavior about family and the probability of challenging their habits and insights is considerable. Remarriage leads to that divorce' children find themselves experiencing serious problems by placing in step father or mother that their relations are unfamiliar or difficult and may consider them as an uninvited guests it seems that he or she is main factor to leave real parents. Step father or mother may don't act similar real parent in the view of actions and disciples (Clark et al., 1974).

#### 4.2.4. Disturbing mental balance of family members

divorce disturbing mental balance of family members, children, relative "holms" and Rube "make the list of main accident in the life leading basic changing and presents this accident is relating to "divorce". "Divorce" is one main shortage of life. This shortage leads the crisis for divorced and damages like parent death for children. In the scale of life transformation after

#### UCT Journal of Management and Accounting Studies

spouse's death, divorce more than other accidents are compatible with involved (Bireme, 1998). in the research of Jay Heber in the year 1990, it's clear that divorce leads to reduce self- confidence and makes the shortage in social, behavioral physical entity. Reducing self-confidence after divorce can disturb the family relations (Atash pour, 1996).

# 4.2.5. Making emergency delinquency family

One of divorce effects is to make an emergency family. It means that one of partners (mostly women) go back father home and endures every condition. As people don't consider a proper place for divorced women, there is no the possibility for spending the life, although all divorced women are educated and can find a job, but dependency and the feeling of being a burden to divorced women (Sarouhkani, 1997).

# 4.2.6. Social dimension of divorce

Divorce is most sorrowful social phenomenon. Divorce disturbs human balance and show in auspicious effects in the society and leads to decrease social solidarity and destroy the basis of the family. Divorce is an event that acts as a social institution. When the society encounters fundamental changes social relations become ill and the corruption expands throughout the society. Divorce is one of consequences and depends on a complicated and united network of divorce of social factors (Saroukhani, 1997).

Social damages and deviations are never possible according to divorce. When the basis of family suffers weakness and instability, moral and social institutions become shaky and the society leads to different crimes. Divorce can cause to increase social damages such as addiction, alcoholism and sexual deviations. Divorce is one of effective factors to increase suicide rate. Divorce is as social instability leading reducing the value of family (Azad, 1998).

#### 5. Conclusion

Divorce is somewhat compensated for the physical problems but mental problems, not only individuals but communities and families will have suffered from a psychological perspective, the major mood disorders, personality disorders, post-traumatic stress disorder and anxiety disorders is important consequences of violence and divorce That will continue for years after the divorce and on the individual, social relations, economic and cultural conditions he will have great impact Or will they feel the bitter taste of events with intense fear, helplessness and horror is, patients with traumatic events such constant nightmares, memories or refresh their memories to recall as much as possible and also try to prevent we are repeating the experience.

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